

Autumn / Winter 2022 / 23
 5/9, 26/9, 17/10, 7/11,
 28/11, 19/12, 9/1, 30/1

What's On The Menu?

MONDAY
Authentic Italian

TUESDAY
Family Faves

WEDNESDAY
Baking British

THURSDAY
Food Festival

FRIDAY
Fun Day



Beef Bolognese
With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Cowboy Pie
Mash topped Sausage & Bean Pie with Carrots

Roast Chicken Dinner
Crispy Roasties & Fresh Veggies & Gravy

Mild Chilli Beef & Cheese Nachos
Oven Baked Potato Wedges & Sweetcorn

Fish Fingers
Choose Salmon or Pollock, Chips & Baked Beans



Veggie Bolognese
With Wholegrain Penne Pasta, Garlic Bread & Green Salad

Veggie Sausage & Bean Pie
Mash topped Veggie Sausage & Bean Pie with Carrots

Cheese, Veg & Spinach Puff Pastry Roll
Crispy Roasties & Fresh Veggies & Gravy

Cheese & Veggie Nachos
Oven Baked Potato Wedges & Sweetcorn

Bean & Vegetable Fingers
Chips



Crispy Skin Jacket Potatoes
Choice of Tasty Toppings



Pick & Mix Packed Lunch
Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Toffee Apple Slices topped with Vanilla Ice Cream

Crispy Chocolate Cornflake Cakes

Golden Syrup Sponge

Pineapple Upside Down Cake

Chewy Flapjack

FOOD FESTIVAL
By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week One

Autumn / Winter 2022 / 23
 12/9, 3/10, 24/10, 14/11,
 5/12, 26/12, 16/1, 6/2

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MONDAY
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TUESDAY
 Family Faves

WEDNESDAY
 Baking British

THURSDAY
 Food Festival

FRIDAY
 Fun Day



Meat Free Monday!
 Margherita Pizza or our Veggie Supreme

Beef Burger
 in a Bun with Oven Baked Wedges & Garden Peas

Roasted Gammon Dinner
 Crispy Roasties, Fresh Veggies & Gravy

Chicken Tikka Masala
 Wholegrain Rice, Turmeric Carrots & Peas

Fish Fingers
 Chips & Baked Beans



Mixed Crudites

Veggie Burger
 in a Bun with Oven Baked Wedges & Garden Peas

Veggie Sausage & Veg Traybake
 Crispy Roasties, Fresh Veggies & Gravy

Vegetable Korma
 With Wholegrain Rice, Turmeric Carrots & Peas

Bean & Vegetable Fingers
 Chips



Crispy Skin Jacket Potatoes
 Choice of Tasty Toppings



Pick & Mix Packed Lunch
 Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit



Jelly & Fruit Slices

Marble Sponge Cake

Chocolate Brownie

Apple Sponge Cake

Crunchy Vanilla Cookie

FOOD FESTIVAL
 By Aspens

AVAILABLE EVERY DAY



Homemade Bread, Salad, Choice of Fresh Fruit & Yoghurt



Week Two

Autumn / Winter 2022 / 23
 19/9, 10/10, 31/10, 21/11,
 12/12, 2/1, 23/1, 13/2

What's On The Menu?

MONDAY
Authentic Italian

TUESDAY
Family Faves

WEDNESDAY
Backing British

THURSDAY
Food Festival

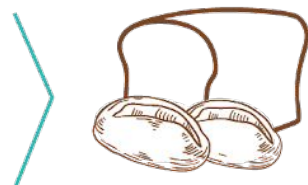
FRIDAY
Fun Day



<p>Pizza Melt Baguette with Wholegrain Pasta & Sweetcorn Salad</p>	<p>Sausage in Yorkshire Pudding with Creamy Mash, Green Beans & Gravy</p>	<p>Roast Chicken Dinner with Crispy Roasties & Fresh Veggies & Gravy</p>	<p>Chicken Nuggets with Oven Baked Wedges & Broccoli</p>	<p>Fish Fingers Chips & Baked Beans</p>
<p>Tomato & Mozzarella Gnocchi Traybake with Wholegrain Pasta & Sweetcorn Salad</p>	<p>Quorn Sausage in Yorkshire pudding with Creamy Mash, Green Beans & Gravy</p>	<p>Quorn Roast Dinner with Crispy Roasties, Fresh Veggies & Gravy</p>	<p>Macaroni Cheese with Oven Baked Wedges & Broccoli</p>	<p>Baked Beans & Vegetable Fingers Chips</p>
<p>Crispy Skin Jacket Potatoes Choice of Tasty Toppings</p>				
<p>Pick & Mix Packed Lunch Freshly filled sandwich or roll, healthy snack, home bake dessert & a piece of fruit</p>				
<p>Sticky Banana Pudding</p>	<p>Chocolate Oat Cake</p>	<p>Vanilla Sprinkle Sponge</p>	<p>Apple Crumble</p>	<p>Shortbread</p>



AVAILABLE EVERY DAY



Homemade Bread, Salad,
Choice of Fresh Fruit & Yoghurt

