Vert St Mary's Catholic Academy

Newsletter No.2 – 17th October 2024

Dear Parents and Carers,

Please take a moment to read this newsletter so you are aware of all that is happening in school in the run up to Christmas.

Dates for your diary	
Friday 18 th October 2024	Last day of half term
21 st Oct – 1st Nov 24	Half Term
Mon 4 th November 2024	Return to school for Advent 2 Term
Mon 4 th November 2024	Individual Photographs
Thurs 14 th November	10am Whole School Mass – all welcome
Fri 22 nd November 2024	Aspens are pizza making with Year 2 and Year 3
Mon 2 nd December 2024	Advent Retreat day – non-uniform
Thurs 5 th December 2024	9:30am and 2pm EYFS Christmas story and songs
Wed 11 th December 2024	9:30am and 2pm KS1 Christmas Nativity
Sun 15 th December 2024	St Mary's Parish Mass led by school children – all welcome
Tuesday 17 th December	Christmas disco - F2 & KS1 3:15pm–4:30pm, KS2 4:30pm–5:45pm
Wed 18 th December 2024	Christmas jumper and Christmas dinner day
Wed 18 th December 2024	2pm KS2 Christmas carols at St Mary's Church
Fri 20 th December 2024	Final day of term
Mon 6 th January 2025	Return to school
Thurs 9 th January 2025	10am Whole school mass – all welcome

Pre-Christmas APPEAL – Smartphone Free Childhood

"When we give our children access to the whole world in their pocket, we give the whole world access to our children"

Please take a look at the website below: https://smartphonefreechildhood.co.uk/ Dr Jonathan Haidt, the world's leading voice in this space, has called Smartphone Free Childhood movement "the beginning of the global tipping point in the **fight back against a phone-based childhood**".



The hard truth

When children first started getting smartphones a decade ago, there was no research about their impact. Now there is, and it's overwhelming. We are witnessing the impact in school every single day! Exposing children to things their brains aren't yet developed enough to deal with can cause a whole host of problems, from triggering anxiety and eating disorders, to opening the door to cyberbullying or sexual predators, according to the latest research.

Parents, you have a tough call. Do you give your children access to an adult product that opens the door to harmful content, addictive algorithms and the anxiety machine that is social media? Or do you risk alienating them from their peers at a crucial stage of their development? It appears to be a lose-lose; for parents, children and society. The information on this website will help you. BUT **TOGETHER YOU ARE STRONGER!** Talk to fellow parents, reduce the peer pressure your child experiences by agreeing to give your child a Smartphone Free Childhood.

Attendance and Punctuality

School attendance this year is 97.7%. Thank you to all parents and carers for supporting your children in attending school each and every day, since the start of term. Last year, school attendance was at 99% at this point in the term. Please do all you can to ensure your child attends school if they are well to do so.

No holidays will be permitted in school time. Fines are being applied where families do take children out of school when school is open. Please do not report your child as ill if you are on holiday. This puts your child in a difficult situation. School Governors have asked that I provide information in each newsletter, to ensure families understand the new attendance legislation.



Scenario: A child has 3 school days off to celebrate a parent's birthday abroad. They then have 3 further days off, connected to the half term holiday. Can the parent(s) be fined? Yes, the parent(s) can. The days a child is off are accumulated.

Punctuality

School gates open at 8:35am.



Please ensure your child is on

the school playground before 8:45am. After this time your child <u>is late</u>.

On rainy days, traffic is heavier. Please aim to leave home earlier to ensure you drop off on time.

Those that live within walking distance of school, **you must be on time**. Meetings will be held with parents of children who continue to arrive late for either drop-off or collection. Letters will be sent out in the coming weeks.

MacMillan Coffee Morning



Thank you to the parents and carers who were able to join us for the MacMillan coffee morning. So many parents attended, it was lovely to see the community come together.

£35 was raised for the MacMillan charity. Thank you to Mrs Hodgkinson for organising this event.

Food Donations to Emmanuel House The team at Emmanuel House were very grateful for your kind donations. The food



will support those in need across Nottingham City.

Nottingham Early Help Partnership

During parents evening we had a stall with information about 'Early help'.



The Early Help Partnership offers advice, information and support to children, young people and families, aiming to give the right help at the right time.

They offer courses on sleep, behaviour and the importance of getting a child's early years right.



OPAL (Outdoor Play and Learning)

We are excited to be starting The Outdoor Play and Learning (OPAL) Primary Programme.

OPAL is based on the idea that children learn when they play. We want to make sure that playtime is as good as possible as 20% of children's time in school is playtime.

Nowadays, many children no longer get their play needs met out of school.

- Average screen time is six hours per day.
- Average outdoor play time is five hours per week.
- 56% of UK children only play outdoors with other children at school.

There are certain things children **must** have in order to be able to play. These include:

- Having clothes that they can play in.
- Having things to play with.
- Having a certain amount of freedom.

As the we improve play opportunities for your children, we will be asking you for resources, make changes to the school grounds and use more of the grounds for more of the year.

Your child might get a bit messier, be exposed to more challenges and have greater choice to play where, with whom and how they like. The experiences we are wanting to develop are essential for children's physical and mental wellbeing and are in line with all current good practice advice on health and safety, wellbeing and development.

Over the next 18 months, we will be inviting you to events where you can come and see for yourselves what is happening and have the opportunity to join in too.

We are really excited about this project and hope that you will support us in our efforts to improve playtime for all children.

Thank you for your on-going support.

Have a lovely half term.

Anne-Marie Bell



Monthly Internet Safety

Click HERE

