



Catholic Social Teaching Prayers

Human Dignity Prayer

Loving God and Father of all,
help us to remember that all your children
are made in your image and likeness;
equally precious and equally loved by you.
Help us to recognise the dignity of everyone,
and to show respect and care
for ourselves and for others,
as your Son, Jesus, taught us to do.
We make this prayer through Christ, our Lord.

Amen.



Did you know: the No.1 Human Right laid down in law is this: 'All human beings are born free and equal in dignity and rights. They... should act towards one another in a spirit of brotherhood [and sisterhood]'.

Solidarity Prayer

Loving God and Father of all,
through you we learn that we are all your children
and belong to your one global family.
Help us to act as sisters and brothers,
supporting each other
and working together,
so that with your help,
we can build a world
of mercy, kindness, justice and peace.
We make this prayer through Christ, our Lord.

Amen.



Did you know: a long time ago, the word *family* was used to describe servants. This reminds us of a lesson Jesus taught us – that God calls us, his family, to serve one another.

Option for the Poor Prayer

Loving God and Father of all,
your Son, Jesus, showed us how to love and care
for your children who are poor and in need of extra help.
May we learn from Jesus,
to share what we can,
to listen when we can,
to do what we can,
and to pray when we can.
In these ways may we support
our sisters and brothers,
wherever they live in the world.
We make this prayer through Christ, our Lord.
Amen.

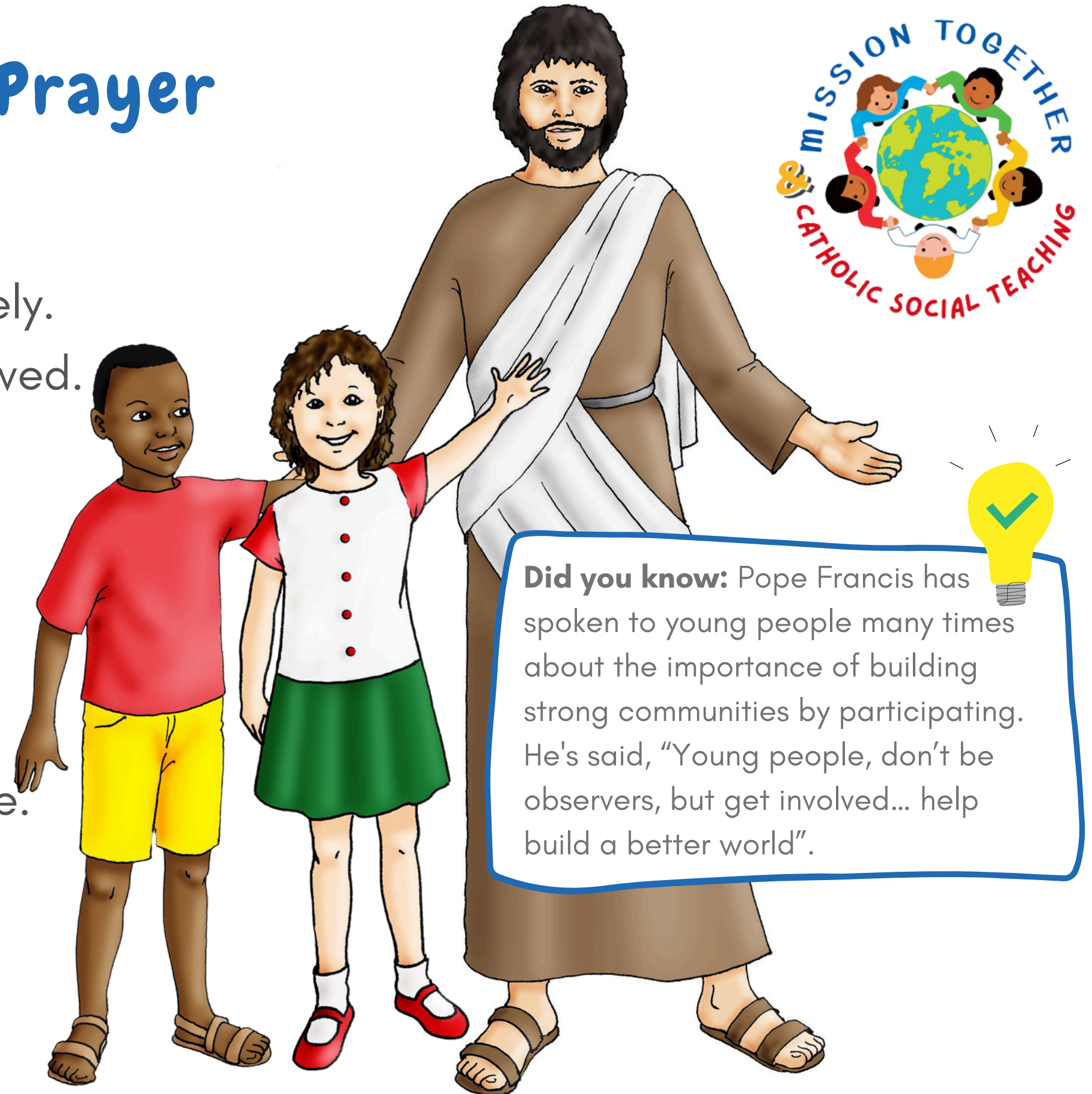


Did you know: Across the world about **1 billion** children live in poverty. Because of poverty, these children go without food, clean water, healthcare, housing, sanitation, and education. By praying and sharing with Mission Together you can support thousands of children living in poverty globally.

Community and Participation Prayer

Loving God and Father of all,
you do not want any of your children to be lonely.
You want them to know they are valued and loved.
Help us to build communities
where all people feel included.
And help us to share with our communities
the gifts and talents you have given us,
so that we can learn from each other,
work together, and grow in your mercy and love.
We make this prayer through Christ, our Lord.

Amen.



Rights and Responsibilities Prayer

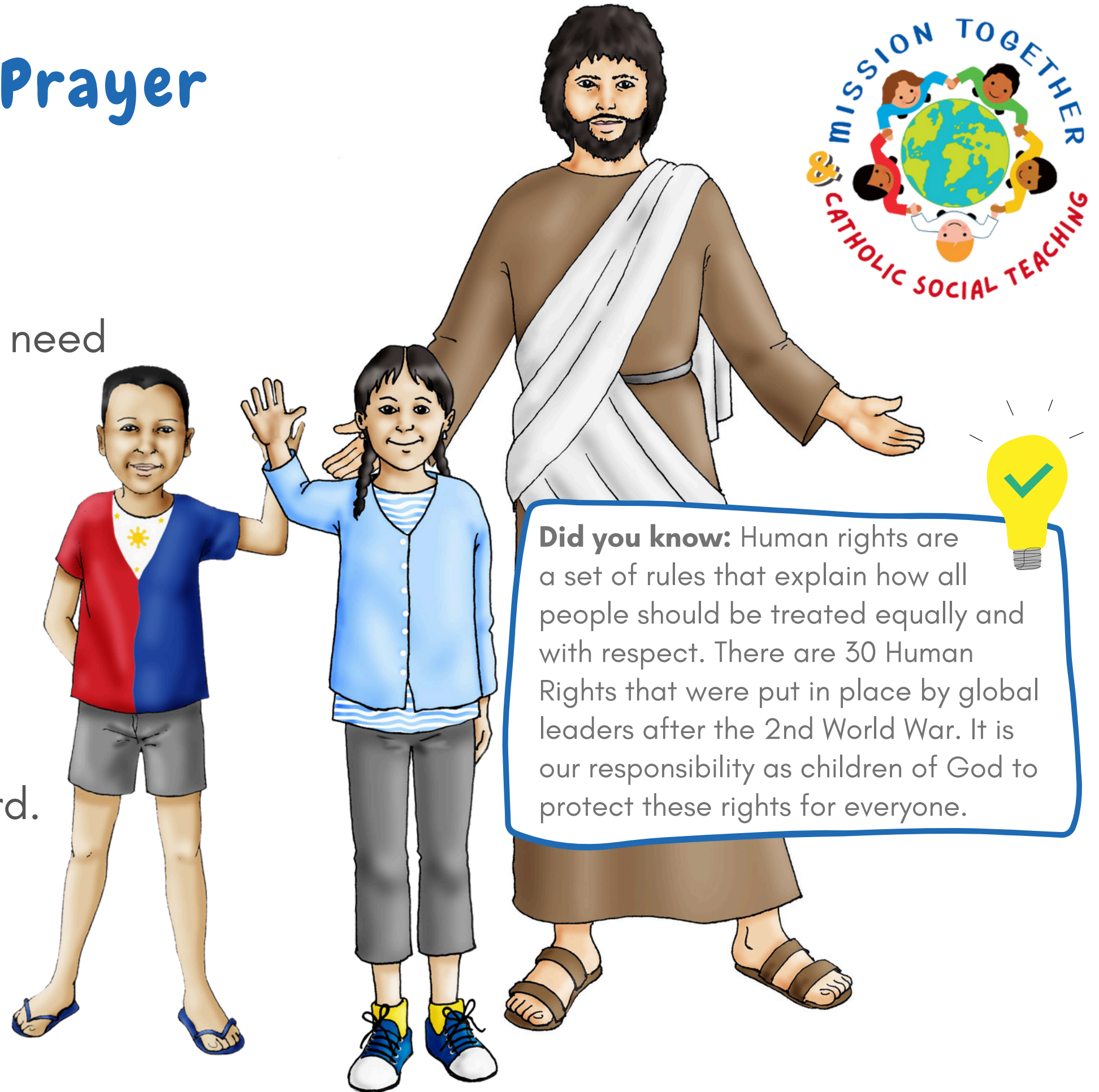
Loving God and Father of all,
in the Bible we discover your plan
for all your children to have the things they need
to live well and to live in peace –
these are our human rights.

Help us to know and protect these rights
for ourselves and for all your children.

Help us in our responsibility
to care for each other.

We make this prayer through Christ, our Lord.

Amen.



Stewardship Prayer

Loving God and Father of all,
Thank you for the gift of this wonderful world.
Help us to notice each day the beauty of your creation,
and to care for all of your animals, insects,
fish, birds and plants.

Encourage us to work
with our sisters and brothers everywhere,
so that together we can protect
the world you made for us –
the home all your children share.
We make this prayer through Christ, our Lord.

Amen.

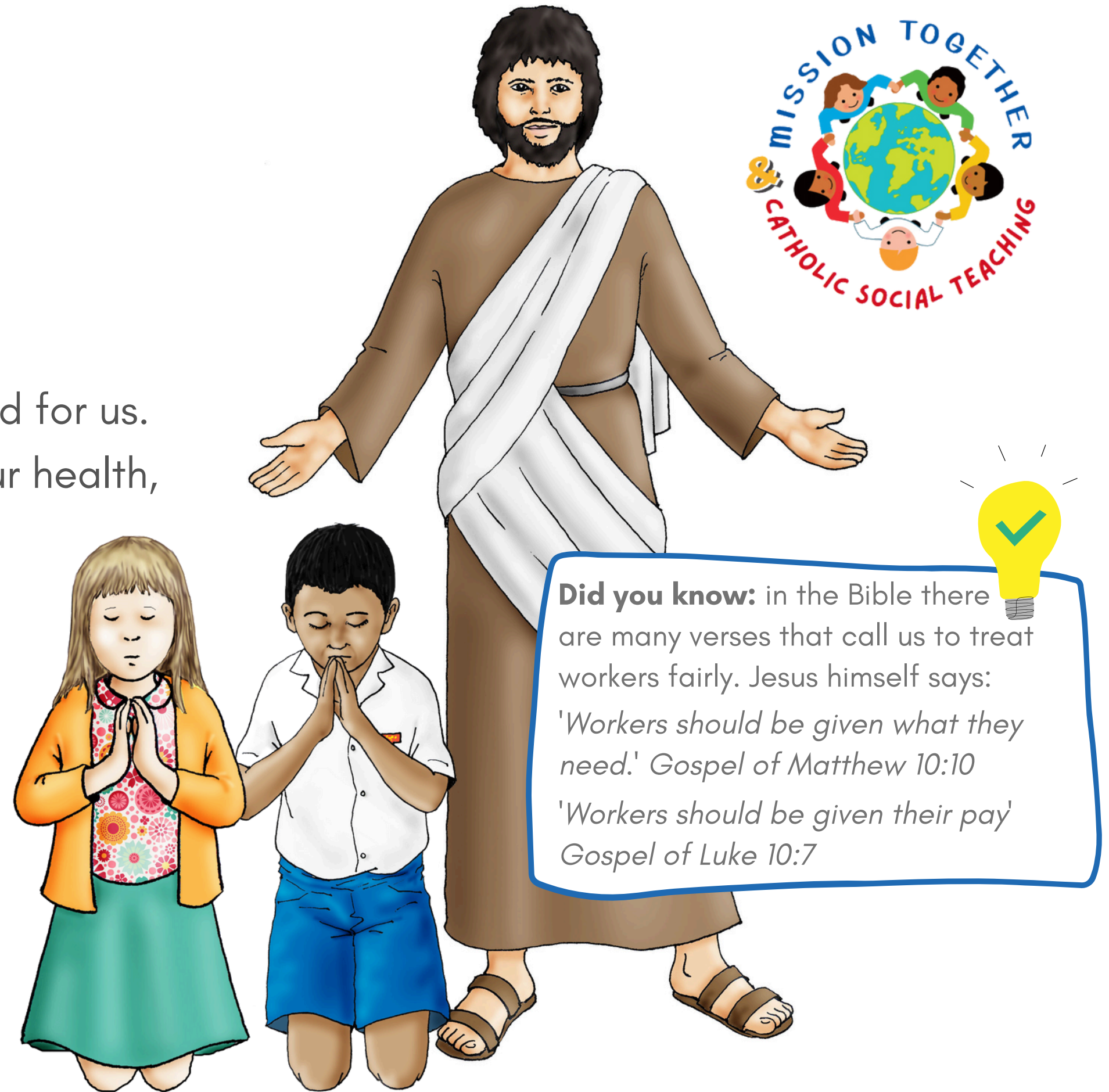


Did you know: Pope Francis has written an important letter addressed to everyone in the world. The letter, called *Laudato Si*, urges us to respect and care for the earth and all the living things within it – including all God's children, everywhere.

Dignity of Work Prayer

Loving God and Father of all,
help us to take pride in the work we do
and to always do the best we can.
Help us to appreciate all the people who work hard for us.
The people who help us to learn, who look after our health,
who make the things we eat, drink, and wear.
Lord, there are many workers in our world
who are not treated with dignity.
Help us to build a world where workers are safe,
wages are fair, and all work is seen as important.
We make this prayer through Christ, our Lord.

Amen.



A Prayer for peace

Loving God and Father of all,
hear our prayer for peace in our world.
Protect all children living through war,
help them to stay safe and feel loved.
Strengthen all adults hurt by war,
help them to forgive and to heal.
Guide all leaders who work to end war,
help them to stay hopeful and wise.
Loving God, your Son, Jesus
showed us how to be peacemakers.
Help us to follow his example,
and live in peace as your global family.
Amen.



Did you know: in many languages, the word for peace is used as a greeting. The Hawaiian word *aloha*, and the Arabic word *salaam* both mean *peace*. They are also a way to offer a friendly greeting to friends and strangers.

Mission Together is the children's branch of Missio, the Pope's charity for world mission.

- Through Mission Together, children around the world learn that God is the Father of everyone and so all children have dignity, and deserve equal respect and love.
- Through Mission Together children work in solidarity, as God's global family, and are encouraged to take responsibility and participate in their communities.
- Through Mission Together, children around the world show concern for the poor by praying and sharing to help their sisters and brothers in need of extra help.
- Through Mission Together, millions of children living in poverty overseas can go to school, stay healthy and safe, and know that they are loved by God.
- To meet some of the children who pray and share through Mission Together, [explore our virtual map](#).



missio

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