



What we are Learning in F1 this Half Term

January - February 2026

Title: Who can help me?

Communication and Language

- Sing Nursery Rhymes –Humpty Dumpty, Miss Polly has a Dolly, 5 Little Monkeys, 5 Little Firefighters

Listen, understand and talk about:

- People who help us
- Winter
- Follow 2-part verbal instructions to bake cakes



Personal, Social and Emotional Development (including RSHE)

- Selecting resources and achieving an end goal – box modelling vehicles
- Toothbrushing time
- Play partnering and two-way play (collaborative games and role-play)
- Exploring relationships and feelings (RSHE)
- Importance of 'People who help us'
- Firefighter visit

Physical Development

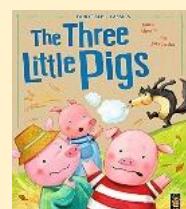
- Large scale box Modelling
- Tool safety – Making chocolate nests and cutting with scissors
- Practising writing some or all of our name
- PE: Dance – Copy, create and repeat body movements
- Fine motor activities- dough disco, writing patterns, handy hands

RE

- Galilee to Jerusalem: The Wise Men followed the star to find baby Jesus
Jesus was born for us all
Jesus came to show God's love and welcomes everyone
Show love to everyone just like Jesus

Literacy

- Listen to and join in with stories - focus on repeated phrases
- Retell stories using props and pictures – The Three Little Pigs
- Writing lists of ingredients for making chocolate nests (shopping list)
- Recognise and begin to write the first letter in words
- Develop phonological awareness – Phase 1 phonics



Mathematics

- Using natural resources to practise counting objects and sorting them into arrangements
- Sing number songs – 5 Little Monkeys and 5 Little Firefighters
- Select shapes appropriately to create buildings Talk about shapes in the environment – using objects to create shapes and patterns
- Weighing and measuring to bake cakes

Understanding the World

- Identify the roles of people who help us
- Explore materials from winter walks and material sorting activity
- Find out about the changes which happen during cooking (melting chocolate)
- Explore winter and melting



Expressive Arts and Design

- Role-play the 'Three Little Pigs'
- Drawing and painting linked to feelings
- Listening and responding to music through movement and mark making
- Sing nursery rhymes and songs



Important information this Half Term

F1 Diary Dates	
Final day for pupils	Thursday 12 th February
School Inset Day	Friday 13 th February

Helping your child at home

We recommend that you share books and sing songs/nursery rhymes together at home every day. This is a wonderful opportunity to spend time together, as well as supporting your child with early communication, language and reading skills. Communicating with your child in your home language will provide a solid foundation for learning English.

We are taking part in the Brushing Buddies supervised toothbrushing programme. We recommend that **you** brush your child's teeth twice a day, also encouraging some independent tooth brushing.

Support your child with becoming increasingly independent with:

- dressing/undressing themselves
- managing personal hygiene (e.g. using the toilet, washing hands, brushing teeth)
- Putting on their own coat

Good News Stars

We would love to hear about your child's achievements at home. Please use the star to write down a special moment or achievement. Then bring it back to nursery so that we can add it to your child's 'learning journey'.



You can then take another star ready to share your child's next special moment.

Labelling

Please clearly label all clothes and bags with your child's name.

Reading for Pleasure

Please bring your child's book bag to nursery, every Wednesday at the start of the session. Your child will then change their story book during the session.

Forest School

Please send your child to nursery with warm clothing e.g. hats, gloves and scarf and a pair of waterproof boots. If you would prefer the wellington boots to stay in nursery, please ensure your child's name is written inside them.

Thank you for your support,

Miss Park, Mrs Hayes and Mrs Neal

Star Moments

Please use the stars below to write down one of your child's special moments and/or achievements and then bring back to nursery so that we can add it to your child's 'learning journey'.

An example

Name: Mary

Date: 7.11.25

Mary helped to lay the table today and counted as she put three cups on the table. She then counted three plates and said 'that's the same'.

