



What we are Learning in F1 this Half Term

September – October 2026

Title: This is ME!

Communication and Language

- Nursery Rhymes: 'Fingers All', '5 in a Bed', '10 Little Fingers', 'Head, Shoulders, Knees and Toes', 'Here we go round the Mulberry Bush'.

Listen, understand and talk about:

- Nursery Routines and Promises
- Myself and my family
- My life story
- Feelings



Personal, Social and Emotional Development (including RSHE)

- RSHE: I am made and loved by God
- Exploring feelings through the story of the 'Colour Monster'
- Learning nursery routines and how to use the resources
- Making friends



Physical Development

- PE: Fundamentals – To travel in different ways
- Fine motor activities: Dough disco, handy hands
- Moulding and shaping dough, using cutters and tools to create a desired effect
- Create large scale letter patterns e.g. up/down/left to right/anti-clockwise circles



RE

- Creation and Covenant:
 - God made me and my family
 - Baptism – I am part of God's family
 - God made the world and everything in it
 - I should care for all of God's creation
- Diwali
- Harvest



Literacy

- Focus Stories: We're Going on a Bear Hunt, The Colour Monster, All are Welcome and Goldilocks and the Three Bears
- To explore books e.g. turning pages, front cover, books are read from left to right
- To understand that print has meaning and to recognise familiar logos with print e.g. ASDA, McDonalds
- 'My Family' mark making
- Name writing – making marks to represent letters

Mathematics

- reciting numbers to 3 through number rhymes
- Comparing objects by colour, shape and size
- Days of the week and daily routines

Understanding the World

- History: My life story
- Science: Body parts
- Observing similarities and differences of our selves (self-portraits)
- Observations of the natural world in Autumn
- Forest school/gardening activities
- E-Safety – Smartie the Penguin



Expressive Arts and Design

- Artist Focus: Matisse – Icaruss inspired self-portraits
- Painting self portraits and observing similarities and differences
- Exploring colours linked to feelings
- Singing songs and rhymes
- Role play: Home corner and babies



Important information this Half Term

F1 Diary Dates	
Wednesday 7 th October	Inset Day
Friday 16 th October	Last day of term
Monday 2 nd November	Children return to school

Helping your child at home

We recommend that you share books and sing songs/nursery rhymes together at home every day. This is a wonderful opportunity to spend time together, as well as supporting your child with early communication, language and reading skills. Communicating with your child in your home language will provide a solid foundation for learning English.

We are taking part in the Brushing Buddies supervised toothbrushing programme. We recommend that **you** brush your child's teeth twice a day, also encouraging some independent tooth brushing.

Support your child with becoming increasingly independent with:

- dressing/undressing themselves
- managing personal hygiene (e.g. using the toilet, washing hands, brushing teeth)
- Putting on their own coat
- Using a knife and fork at meal times

Good News Stars

We would love to hear about your child's achievements at home. Please use the star enclosed to write down a special moment or achievement. Then bring it back to nursery so that we can add it to your child's 'learning journey'.



Labelling

Please clearly label all clothes and bags with your child's name.



Forest School and PE

These sessions will be on a Monday. Please send your child wearing weather appropriate clothing and comfy footwear. Please ensure your child is wearing sun cream during the warmer days. Please send your child with a pair of wellington boots, labelled with your child's name, these can be kept in nursery.

Nursery Gate

For safety reasons, we ask for Nursery children to enter via the main gates rather than the Nursery gate. The Nursery gate will be for exit only. This limits the number of access points to our school grounds.

Thank you for your support,

Miss Park and Mrs Neal